



# NurtureGroup

## Free Play & Support Group

*NurtureGroups* are facilitated by our *NurtureProgram* Team who themselves have had a premature or sick newborn. Parents can receive ongoing support while babies and children from birth to starting school can learn and develop through play in a fun and relaxed environment. Siblings are welcome.

Parents and carers can meet, share stories, exchange ideas on parenting, tackle medical issues, rebuild support networks and form lasting friendships.

### NSW - Newcastle 2025

Thursdays, Fortnightly, 10.00am - 12.00pm

### Ronald McDonald House

John Hunter Hospital

Lookout Rd, New Lambton Heights



Please register online  
before attending  
*NurtureGroup*

Feb 13, 27

March 13, 27

April 10, 24

May 8, 22

June 5, 19

July 3, 17, 31

August 14, 28

September 11, 25

October 9, 23

November 6, 20

December 4, 18

*NurtureGroup* has a strict wellness policy for all attendees.

